



COMMUNITY ANNOUNCEMENT

In view of the current situation in Israel, and its impacts on our community here in Victoria,

Jewish Community Crisis Management (JCCM) is mobilising to coordinate the collaboration of key services and initiatives for resilience and empowerment across community.

Welfare is paramount.

Australian Jewish Psychologists (AJP), Chevra Hatzolah Melbourne, and Jewish Care Victoria, are coming together to provide wrap around mental health and wellbeing support our community.

Further communications will be disseminated next week about additional collaborations and initiatives being stood-up around our community.



<u>Chevra Hatzolah Melbourne</u> has extended their services to include psychological support.

Hatzolah are providing one-on-one singular counselling sessions for community members, by community members. Set up in the immediate aftermath of the terror attacks in southern Israel, the Hatzolah program - Navigating Emotions Through Tragedy, is managed by a dedicated social worker, with services provided by a team of registered psychologists, including Hebrew speakers.

Bookings are via www.trybooking.com/CMJNY

Hatzolah provide emergency medical first response services to the geographical areas of East St Kilda, Balaclava, Caulfield, Elsternwick, Ripponlea, Malvern, and St Kilda.



<u>Australian Jewish Psychologists</u> (AJP) has activated its significant membership-base.

They are available for those needing more in-depth and ongoing psychological support. AJP is focused on providing a referral list of psychologists who can provide therapy to children, adolescents, and adults, ensuring an appointment within a short time frame and addressing any financial barriers for those as needed. AJP can also facilitate group debriefs and support for organisations.

Bookings are via email to Nicky Jacobs at nickypsych@gmail.com

AJP provides psychological response and recovery to critical incidents, delivered by a significant membership of highly skilled registered Jewish psychologists, many of whom have trauma specialisation.



<u>Jewish Care Victoria</u> is expanding its mental health education program to support trauma-informed mental health responses across the community.

Educational workshops are individually tailored for each cohort and facilitated by experienced educators with a deep knowledge and understanding of our community.

Jewish Care's Front Door remains open to those needing urgent crisis support and social support services.

Open 9am to 5pm Monday to Friday, the Front Door can be contacted on (03) 8517 5999 or via info@jewishcare.org.au

Jewish Care Victoria is the leading social welfare organisation for the Victorian Jewish community, providing residential and community aged care, disability services, social work support, financial services, housing, and more.